

**20 October 2008**  
**Tolson supports Energy Saving Week**

The Energy Saving Trust is holding its 12<sup>th</sup> Annual Energy Saving Week from 20<sup>th</sup> to 26<sup>th</sup> October. The aim of the week is to help consumers reduce their carbon footprint and show how significant energy savings can be made.

Jim Tolson MSP for Dunfermline West said “Energy efficiency is the cleanest, safest and cheapest way of reducing carbon dioxide emissions and plays a key role in tackling fuel poverty. At the moment with the rising fuel and food prices, making significant energy savings makes sense to everyone. Not only can we reduce our bills but also play our part in reducing carbon dioxide emissions. According to the Energy Saving Trust, the average household can save around £340 a year by being for energy efficient. Measures such as fitting energy saving light bulbs throughout a house could save up to £50 per year.”