

**29 September 2009**

**Tolson gets healthier food for local children!**

Jim Tolson MSP for Dunfermline West was alarmed to hear from a parent of a child attending a local authority nursery that the children were receiving crisps each day for their morning snack.

Jim commented "I raised this issue with Fife Council and they confirmed that the nurseries are expected to follow nutritional guidance issued by the Government – this does allow crisps perhaps once or twice a week but served alongside chopped vegetables or fruit and arranged attractively, certainly not from a packet and on a daily basis!

The issue has now been resolved with the nursery concerned. It seemed unreasonable that in an age where childhood obesity is a growing problem that children are being given crisps as a morning snack. I would hope that all nurseries are now following the nutritional guidance and offering healthy snacks."